

# Ezili

*Good things for the body and soul*

December 2009 Issue 22  
Shop 15, The Atrium  
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Opening Times  
Mon-Fri 9am-5pm  
Sat 9am-12pm

**Ezili  
turns 2  
on 14<sup>th</sup>  
December!**

**To celebrate our  
2nd birthday and  
give some of you a  
chance to do some  
after hours Xmas  
shopping, I'll be  
open till 7pm on  
the 14<sup>th</sup> December.  
Come and join us  
for some cake!  
I'll have some  
special sales for  
the night as well!**

To deny love for ones self,  
is to deny life in all its glory.  
Tyson McEwen

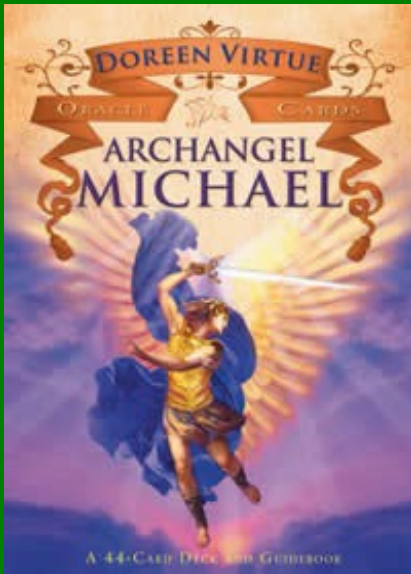


**Merry Christmas and a Happy Festive  
Season to you all!**

Dear Blessed Hearts,  
I pray 2010 sees abundance, love and joy flowing  
your way and the ego filled dramatic charge  
kicked to the wayside.  
May you find a sense of peace and contentment.  
May gratitude guide your actions.  
May you shine from every pore of your soul the  
true beauty of source that is you.  
Thank you for your continued support through  
2009.  
Love & Light  
Rachel

**2010 Inspirational Calenders,  
Diaries and Moon Planting  
Charts in stock now!**

Now In Stock



Archangel Michael is a beloved and powerful protector and trustworthy guide. He knows your life's purpose and the best steps for you to take next. The 44 cards in this deck feature messages for you from Archangel Michael and incredible paintings of this magnificent angel.

You'll also receive answers to your most pressing questions. An accompanying guidebook gives you step-by-step instructions on how to conduct an accurate, safe, and powerfully healing reading for yourself and others.

RRP \$24.95



## Top Ten Holiday Reading Suggestions

- 1-Saltwater Surfer-Jaimal Yogis
- 2-Vortex-Ester & Jerry Hicks
- 3-New earth-Eckhart Tolle
- 4-Have a Little Faith-Mitch Albrom
- 5-The Lost lands-Lucy Cavendish
- 6-Serpent of the light,Beyond 2012
- 7-Reinventing the Body,Resurrecting the Soul -Deepak Chopra
- 8-Hypnotizing Maria-Richard Bach
- 9-Defy Gravity-Caroline Myss
- 10-Waiting for Autumn-Scott Blum



# Nurture Your Skin



## Aftersun Rescue Gel *for cooling relief*

**CERTIFIED NATURAL**  
To ensure your skin will enjoy another day in paradise, refresh and treat your body to a cooling, soothing aftersun treatment. Diffuse the sizzle with some soothing aloe vera, marshmallow and chamomile blended with essential oils of lavender and Australian sandalwood.

**RRP \$18.95**



## Perfect Potion Xmas Packs in store

## New Years Ritual



Spend the day on December 31st by taking some time to be quiet and reflect on the year that is drawing to a close. Think about the people that mattered most to you, your greatest accomplishment, challenging difficulties and the lessons you learned.

Take a purification bath. Scrub yourself with sea salt and wash yourself thoroughly in the water. Feel free to anoint yourself with your favorite oil or perfume.

Contemplate the patterns in your life that keep you stuck. Write down the limiting beliefs or habits that you wish to leave behind with the old year. In a fireproof bowl or fireplace, safely burn the paper. As the paper burns, be aware that you have just made space for new ideas people, and opportunities to enter your life. Carefully, throw out the ashes when they cool.

Light a candle for those who have passed on to spirit. Light a candle for your new potential in the coming year. Light a candle to acknowledge the earth. Contribute to your community by planting a tree, helping a homeless family or baking cookies for your local nursing home.

Barbara Biziou, author

Tiger Eye



Promotes balance and strength to get through difficult phases of life; relieves doubt and bestows decision making with vision and clarity. Helps one to be practical in the here and now.

**Stress:** If you feel nervous, anxious, or fearful much of the time, this is a great stone for you. Especially helpful if you're feeling drained, overwhelmed, confused, or unfocused.

- **MONEY:** This stone is best suited to earthy people. It has been used to stimulate wealth and abundance, and to enhance the stability required to maintain wealth and keep it without sub coming to wealth's "earthly temptations" of greed and abuse of power.
- **Grounding:** Will bring calm and serenity from within, without making you feel dull and lifeless.

## New in Stock



## Produced Locally

Every candle is handmade with natural soy wax. 100% non-toxic to you and the environment. The candles come in a handy travel tin with lid. The range of Hope Choice products use real world prompts to help people become an ambassador for change, choice and growth. Therefore providing a way to combat the culture of fear and negativity head on. The philosophy of the company is simple. Hope is possible and necessary. The Hope Challenge products were developed to provide a practical way to hold onto hope and represent positive goals and attitudes.

Rrp \$14.95 for single candles. Giftpack of three mini attitudes \$19.95.

## What's On in the Holidays

### Make Your Own Body Spray for Teenagers

( 10yrs and Up)

Wednesday Jan 20<sup>th</sup> 10am-12pm

**\$20 ( includes spray and morning tea)**

**Numbers are Limited,**

**Bookings Essential**

**5473 0553**